



Medical · Prescription & Medication Coordination - Deep Dive Assessment

A printable version of every question in the ten-section optional Medical / Prescription Sharing & Medication Coordination deep dive. Complete it on paper first if you like, then enter your answers online to receive your personalised report. Every question is optional.

Section 1. Prescription Information Sharing

Confirm b

Which medication categories does your child currently use? Select all that apply.

- ☐ Daily maintenance medication
- ☐ As-needed (PRN) medication
- ☐ Rescue / emergency medication (e.g., inhaler, EpiPen, glucagon)
- ☐ Controlled substance (e.g., stimulant, benzodiazepine, opioid)
- ☐ Antibiotic / short course
- ☐ Over-the-counter / supplement recommended by provider
- ☐ Compounded or specialty medication
- ☐ No current medication

Which types of prescribers are involved? Select all that apply.

- ☐ Paediatrician
- ☐ Family physician
- ☐ Psychiatrist
- ☐ Neurologist
- ☐ Allergist / Immunologist
- ☐ Endocrinologist
- ☐ Gastroenterologist
- ☐ Cardiologist
- ☐ Pulmonologist
- ☐ Dermatologist
- ☐ Other specialist
- ☐ Not applicable

Which of the following do BOTH parents currently know accurately? Select all that apply.

- ☐ Medication name(s)
- ☐ Dose / strength
- ☐ Purpose / condition treated
- ☐ Administration schedule (times, with/without food)
- ☐ Side effects to watch for
- ☐ Interactions & allergies
- ☐ Prescriber name & contact
- ☐ Pharmacy name & contact

Is there a written, up-to-date medication list shared between homes?

- ☐ Yes
- ☐ Partial
- ☐ No

How often is the shared medication list updated after a change?

- ☐ Always
- ☐ Usually
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

Do both parents learn about new prescriptions promptly?

- ☐ Always
- ☐ Usually



- ☐ Sometimes
- ☐ Rarely
- ☐ Never

Anything else you would like the report to note about prescription information (optional)?

Section 2. Prescription Pick-Up

Identify fri

Who typically picks up prescriptions?

- ☐ Mother
- ☐ Father
- ☐ Both
- ☐ Other caregiver

In the last 6 months, which of these pick-up issues have occurred? Select all that apply.

- ☐ Delay of one or more days after prescription written
- ☐ Missed pick-up so a dose was skipped
- ☐ Confusion about who was picking up
- ☐ Pharmacy closed / hours mismatch
- ☐ Insurance authorisation delay
- ☐ Prescription lost or misplaced
- ☐ Ran out before refill was picked up
- ☐ No issues in the last 6 months

How often does a pick-up delay cause a missed dose?

- ☐ Always
- ☐ Usually
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

Is it clear ahead of time who is picking up each prescription?

- ☐ Always
- ☐ Usually
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

Does the other parent get a confirmation once medication has been picked up?

- ☐ Always
- ☐ Usually
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

Section 3. Medication Supply Between Homes

Assess w

Does the child have a working supply in both homes at all times?

- ☐ Always
- ☐ Usually
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

Is a labelled backup dose kept at each home for handoff or travel days?

- ☐ Yes



☐ Partial

☐ No

Are refills coordinated so the child never runs out during a transition?

☐ Always

☐ Usually

☐ Sometimes

☐ Rarely

☐ Never

How often has your child run out of a needed medication in the last 6 months?

☐ Never

☐ Once

☐ 2-3 times

☐ More than 3 times

Is emergency / rescue medication (e.g., inhaler, EpiPen) available in BOTH homes?

☐ Yes in both

☐ Only one home

☐ No

☐ Not applicable

How often is medication checked for expiration or damage?

☐ Always

☐ Usually

☐ Sometimes

☐ Rarely

☐ Never

Section 4. Medication Administration

Understan

Who typically administers medication in each home?

☐ Mother

☐ Father

☐ Both

☐ Other caregiver

Do both homes use the same administration schedule?

☐ Always Consistent

☐ Usually Consistent

☐ Sometimes Consistent

☐ Rarely Consistent

☐ Never Consistent

How often are doses missed in either home?

☐ Always

☐ Usually

☐ Sometimes

☐ Rarely

☐ Never

Is dose administration recorded (log, app, MAR) in both homes?

☐ Yes

☐ Partial

☐ No

How consistently is the last/next dose communicated at handoff?

☐ Always

☐ Usually

☐ Sometimes

☐ Rarely



☐ Never

Is the child developmentally involved in taking medication safely?

☐ Yes, appropriately

☐ Sometimes

☐ No

☐ Not applicable

Section 5. Parent-to-Parent Communication

Assess ho

How often do parents communicate about new prescriptions?

☐ Always

☐ Usually

☐ Sometimes

☐ Rarely

☐ Never

How often do parents communicate about dose or schedule changes?

☐ Always

☐ Usually

☐ Sometimes

☐ Rarely

☐ Never

How often do parents communicate about missed doses?

☐ Always

☐ Usually

☐ Sometimes

☐ Rarely

☐ Never

How often do parents communicate about side effects observed?

☐ Always

☐ Usually

☐ Sometimes

☐ Rarely

☐ Never

How often do parents communicate about refill needs / running low?

☐ Always

☐ Usually

☐ Sometimes

☐ Rarely

☐ Never

How often do parents communicate about use of rescue or emergency medication?

☐ Always

☐ Usually

☐ Sometimes

☐ Rarely

☐ Never

How often do parents communicate about stopping a medication?

☐ Always

☐ Usually

☐ Sometimes

☐ Rarely

☐ Never

How often do parents communicate about prescriber appointments?

☐ Always



- ☐ Usually
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

Section 6. Pharmacy Coordination

Assess w

Do both parents use the same pharmacy for the child?

- ☐ Yes always
- ☐ Usually
- ☐ Sometimes
- ☐ No

Are both parents authorised to pick up medication at that pharmacy?

- ☐ Yes
- ☐ No

Does the pharmacy have current contact info for both parents?

- ☐ Yes
- ☐ Partial
- ☐ No

How often are pharmacist recommendations shared between parents?

- ☐ Always
- ☐ Usually
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

Are pharmacy delivery or automatic refill options in place?

- ☐ Yes
- ☐ Partial
- ☐ No

Section 7. Financial & Insurance Barriers

Surface fi

Which of the following apply? Select all that apply.

- ☐ Copay is a barrier
- ☐ Insurance denied / requires prior auth
- ☐ Split of medication cost is unclear
- ☐ One parent refuses to pay their share
- ☐ HSA / FSA coordination is confusing
- ☐ Formulary changes caused disruption
- ☐ Cash-pay cost is unaffordable
- ☐ No financial barriers currently

Is the cost-split for medication clearly agreed in writing?

- ☐ Yes
- ☐ Partial
- ☐ No

How consistently is one parent reimbursed when they front the cost?

- ☐ Always
- ☐ Usually
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

Is the child's active insurance card up-to-date in both homes?

- ☐ Yes



- ☐ Partial
- ☐ No

Overall, how affordable is the current medication routine?

- ☐ Very affordable
- ☐ Affordable
- ☐ Neutral
- ☐ Somewhat difficult
- ☐ A major barrier

Section 8. Controlled Medication Accountability

For controlled substances

Is your child prescribed a controlled substance?

- ☐ Yes
- ☐ No

What best describes it?

- ☐ Stimulant (ADHD medication)
- ☐ Benzodiazepine
- ☐ Opioid
- ☐ Other controlled substance
- ☐ Prefer not to say

Which safeguards are currently in place in BOTH homes? Select all that apply.

- ☐ Medication stored in a locked location
- ☐ Weekly count tracked in writing
- ☐ Transfer between homes is logged
- ☐ Only the parent administers doses (never the child alone)
- ☐ Prescriber's controlled-substance agreement is on file
- ☐ Both parents receive the pharmacy pick-up receipt
- ☐ No protections currently in place

Is the pill/dose count tracked at each handoff?

- ☐ Yes
- ☐ Partial
- ☐ No

Are you concerned about diversion or unauthorised access?

- ☐ No concerns
- ☐ Mild concerns
- ☐ Moderate concerns
- ☐ Significant concerns

Is a controlled-substance / opioid agreement on file with the prescriber?

- ☐ Yes
- ☐ Partial
- ☐ No

Section 9. School Medication Coordination

Ensure the school has the necessary information

Does your child take medication at school or before/after care?

- ☐ Yes
- ☐ No

Which of the following are currently in place at school? Select all that apply.

- ☐ Both parents signed the school medication authorisation
- ☐ School nurse has the current prescription order
- ☐ Field-trip / off-campus authorisation is on file



- ☐ PRN (as-needed) medication is authorised and stocked
- ☐ Emergency plan (e.g., asthma or anaphylaxis) is on file
- ☐ Both parents receive the school Medication Administration Record (MAR)
- ☐ School is notified promptly of dose or med changes
- ☐ None of the above

Are both parents named on the school medication paperwork?

- ☐ Yes
- ☐ Partial
- ☐ No

How consistently does the school report administration to both parents?

- ☐ Always
- ☐ Usually
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

Is medication authorised and packed for field trips or off-campus events?

- ☐ Yes
- ☐ Partial
- ☐ No

Section 10. Medication Decisions & Disagreements

Assess w

How often do parents agree on whether to use medication at all?

- ☐ Always Agree
- ☐ Usually Agree
- ☐ Sometimes Agree
- ☐ Rarely Agree
- ☐ Never Agree

How often do parents agree on which medication to use?

- ☐ Always Agree
- ☐ Usually Agree
- ☐ Sometimes Agree
- ☐ Rarely Agree
- ☐ Never Agree

How often do parents agree on dose or timing?

- ☐ Always Agree
- ☐ Usually Agree
- ☐ Sometimes Agree
- ☐ Rarely Agree
- ☐ Never Agree

How often do parents agree on concern about side effects?

- ☐ Always Agree
- ☐ Usually Agree
- ☐ Sometimes Agree
- ☐ Rarely Agree
- ☐ Never Agree

How often do parents agree on brand versus generic?

- ☐ Always Agree
- ☐ Usually Agree
- ☐ Sometimes Agree
- ☐ Rarely Agree
- ☐ Never Agree

How often do parents agree on when to stop the medication?



- ☐ Always Agree
- ☐ Usually Agree
- ☐ Sometimes Agree
- ☐ Rarely Agree
- ☐ Never Agree

How often do parents agree on use of prn / as-needed medication?

- ☐ Always Agree
- ☐ Usually Agree
- ☐ Sometimes Agree
- ☐ Rarely Agree
- ☐ Never Agree

How often do parents agree on use of controlled medication?

- ☐ Always Agree
- ☐ Usually Agree
- ☐ Sometimes Agree
- ☐ Rarely Agree
- ☐ Never Agree

This is an optional printable workbook. It does not diagnose, provide legal or medical advice, or determine parental fitness. Complete the online deep dive to receive your personalised report.