



Child-Focused Foundation Statement

A parent's commitment to their child's well-being

PARENT NAME

Jane Smith

CHILD

Emma Smith

DATE

July 29, 2026

Our Shared Purpose

Regardless of the circumstances that brought our family to this point, our child deserves parents who make decisions based on her needs rather than our disagreements. This Foundation Statement reflects the goals, values, and priorities I believe will best support Emma's healthy development and long-term well-being.

My Vision for My Child

I want Emma to grow up feeling safe, loved, and supported by both of her parents. I want her to know that she never has to choose between us and that she is free to love each parent without guilt or pressure.

I hope she develops confidence, resilience, healthy relationships, and a strong sense of security as she grows into adulthood.

My Parenting Priorities

The following priorities will guide my parenting decisions:

- Protect Emma from adult conflict.
- Maintain consistent routines between both homes whenever possible.
- Support her emotional, physical, educational, and medical needs.
- Encourage respectful communication between parents whenever it is safe and appropriate.
- Make decisions based on Emma's best interests rather than past disagreements.



My Child's Strengths

Emma is compassionate, creative, curious, and enjoys learning. She has close relationships with extended family and benefits from positive encouragement, predictable routines, and opportunities to express herself through art and sports.

My Child's Current Needs

Based on my observations, Emma currently benefits from:

- Stable daily routines.
- Consistent expectations in both homes.
- Calm transitions between parents.
- Emotional reassurance during times of change.
- Open communication with teachers and healthcare providers.
- Opportunities to participate in extracurricular activities.

Areas of Concern

The greatest challenges currently affecting our child include:

- Ongoing conflict between parents.
- Differences in parenting styles.
- Difficulty communicating about school and medical decisions.
- Increased stress during parenting exchanges.

These concerns should be addressed with solutions that reduce conflict and increase predictability for Emma.

Commitments I Am Making

I commit to:

- Keeping Emma out of adult disagreements.
- Speaking respectfully about her other parent in her presence.
- Sharing important information regarding school, health, and activities.
- Remaining open to problem-solving when disagreements arise.
- Continuing to learn and improve my co-parenting skills.



Goals for the Next 12 Months

Over the next year, I hope we can:

- Reduce conflict during communication.
- Create more consistent routines between homes.
- Improve cooperation regarding school and healthcare.
- Support Emma's emotional well-being during transitions.
- Build a healthier co-parenting relationship focused on our child.

My Child's Future

When Emma looks back on this period of her life, I hope she remembers that both of her parents loved her deeply and worked to put her needs first. I want her to feel secure, valued, and confident that the adults in her life chose cooperation over conflict whenever possible.

PARENT SIGNATURE

DATE