



Family Violence & Communication Safety Assessment Report

Confidential — for the parent, their attorney, and their mediator only

PARENT
Jane Smith

CHILD
Emma Smith

ASSESSMENT DATE
July 29, 2026

REPORT ID
SCP-2026-001245

Recommended Communication Pathway

TIER 2 · STRUCTURED WRITTEN COMMUNICATION ONLY

Communication should be structured and limited to written, child-focused topics.

Based on Jane's responses, direct verbal or in-person communication may increase conflict. A written communication plan can help reduce escalation and protect the child from being placed in the middle.

- App-based written communication only (OurFamilyWizard, TalkingParents, AppClose).
- **BIFF format:** brief, informative, focused, firm — one issue per message.
- Child-related topics only; no emotional history, blame, insults, or threats.
- Response window of 24–48 hours unless urgent; written record maintained.
- Re-take this assessment every 90 days to track whether conditions are changing.

Section 1 — Immediate Safety Screen (past 12 months)

Has the other parent ever...

1. Threatened to hurt or kill you, the children, themselves, or someone you love?

No

3. Used parenting communication to intimidate, harass, monitor, or control you?

Yes

5. Threatened to take the children, withhold them, or use court to punish you?

No

7. Used insults, humiliation, interrogation, or repeated messaging to wear you down?

Yes

9. Involved the children in threats, pressure, spying, or message-carrying?

No

2. Physically hurt you, blocked you from leaving, restrained you, choked or strangled you, or damaged property?

No

4. Shown up unexpectedly at your home, work, school, or exchanges — or stalked or followed you?

No

6. Controlled money, transportation, phone access, accounts, passwords, or location tracking?

Yes

8. Made you afraid to disagree, set boundaries, or say no?

Yes

10. Violated a protective order, court order, or agreed safety boundary?

No

Danger Assessment lethality indicators (Campbell, 1986)

11. Has the physical violence increased in frequency or severity over the last year?

No

13. Ever tried to choke or strangle you, or cut off your breathing?

No

15. Ever threatened or attempted suicide, or said "if I can't have you no one will"?

No

17. Is intensely jealous, or controls most of your daily activities?

Yes

12. Owns or has access to a gun, or has threatened you with any weapon?

No

14. Ever forced you into sexual activity when you did not want to?

No

16. Uses alcohol or drugs daily or in a way that changes their behaviour?

No

18. Is currently unemployed or was recently fired, and appears despondent or hopeless?

No



Section 2 — Communication Readiness

1. Can you respond without fear of retaliation?	No
2. Can you say “no” without escalation?	No
3. Can communication remain child-focused?	Unsure
4. Can written communication occur without harassment?	Yes
5. Can exchanges occur without intimidation?	No
6. Can both parents follow limits on time, topic, and tone?	Unsure
7. Can problems be discussed without threats?	No
8. Would a neutral third party reduce conflict?	Yes

Interpretation

Jane’s Section 1 answers surface patterns consistent with **coercive control** — intimidation via communication (Q3), controlling finances and location (Q6), interrogation and wearing-down messaging (Q7), fear of disagreement (Q8), and intense jealousy or control of daily activities (Q17) — without recent physical violence or Danger Assessment lethality indicators. Her Section 2 answers show multiple “No” responses on retaliation, escalation, intimidation, and threat topics.

This combination places her in **Tier 2 — Structured Written Communication Only**. If any Section 1 high-concern item (Q1, Q2, Q4, Q5, Q10) or any Danger Assessment item (Q11–Q18) changes to “Yes”, the pathway would **automatically escalate to Tier 1 — No Direct Communication Recommended**, and Jane should immediately consult a family-violence-trained attorney or advocate.

LOCKED · ALWAYS INCLUDED WHEN THIS REPORT IS SHARED

Texas & national crisis resources

911 · Immediate danger

1-800-799-SAFE (7233)

National Domestic Violence Hotline

1-800-374-HOPE (4673)

Texas Advocacy Project — family-law legal help

988 · Suicide & Crisis Lifeline (call or text)

210-733-8810

Family Violence Prevention Services (Bexar County)

Text START to 88788 · National DV text line



Recommended Next Steps

1 Move all coordination onto a written co-parenting app.

Set up OurFamilyWizard or TalkingParents this week. Route every schedule, medical, and school topic through the app. Delete direct SMS threads that turn hostile.

This week

2 Consult a family-law attorney trained in coercive control.

Because Section 1 surfaced control/monitoring patterns, an attorney can help you document, plan safe exchanges, and evaluate whether a protective order is warranted.

Within 14 days

3 Build a safety plan with a DV advocate.

Call Family Violence Prevention Services (210-733-8810) or the National DV Hotline. A trained advocate will help you build a personalised safety plan and, if needed, plan a safe exit.

Within 7 days

4 Consider a Parenting Facilitator for high-stakes decisions.

A neutral PC can hold decisions about school, medical care, and vacations when direct discussion is unsafe. Ask your attorney or the Texas Association of Mediators for a referral.

Within 30 days

5 Re-take this assessment every 90 days.

Communication safety changes with the situation. Regular re-assessment tracks whether the pathway should escalate or ease over time.

Ongoing

How this report was generated

This assessment adapts questions from the *Danger Assessment* (Campbell, 1986) and the *HITS* screening tool (Sherin et al., 1998). Scoring is deterministic and rule-based; no AI classification is used to assign a pathway. Any “Yes” response on the Section 1 immediate-safety questions triggers a stricter pathway regardless of Section 2 answers.

This is a **screening tool, not a risk assessment**. It should not be used in court proceedings without accompanying professional evaluation. See sacoparentsapp.online/methodology for the full scoring rules. **See also** the *Co-Parenting Options* handout at sacoparentsapp.online/coparenting-options.